

#4 Deep Dish Pizza or Chicken

Caesar Salad

## **JANUARY 2019**

**Trottier Middle School** 

## Food Allergies:

Please ensure that your child's school nurse and cafeteria manager are aware of any food allergies.

## Monday **Tuesday** Wednesday **Thursday Friday** #1 French Toast Sticks, Map Syrup, Sausage Patty, Tater Tots, #1 Chicken Nuggets, Dinner Roll, #1 Pizza dippers with Marinara **New Years Day** Assorted Fruit. #2 PB Jelly or PB Steamed Carrots, Assorted Fruit. #2 Sauce, Tossed Salad, Assorted Fruit. Fluff on WW PB Jelly or PB Fluff on WW No School #2 PB Jelly or PB Fluff on WW #3 Cereal Boat #3 Cereal Boat #3 Cereal Boat #4 Deli Bar or Chicken Caesar Salad #4 Chicken Patty #4 Chicken Patty or Chicken Caesar #1 Hamburger/Cheeseburger, Swee #1 Beef Tacos, Refried Beans #1 Sal's Pizza. Cheese or Pepperon Potato Fries. Cucumber Coins. Steamed Green Beans, Sour Cream, Tossed Salad, Assorted Fruit. #2 PB #1 Teriyaki Chicken, Steamed Brown #1 Tomato Soup, Grilled Cheese on Salsa, Assorted Fruit. #2 PB Jelly or Assorted Fruit. Jelly or PB Fluff on WW WW. Steamed Corn. Assorted Fruit. Rice. Mixed Vegetable. Assorted PB Fluff on WW #2 PB Jelly or PB Fluff on WW Fruit. #2 PB Jelly or PB Fluff on WW #3 Cereal Boat #2 PB Jelly or PB Fluff on WW #3 Cereal Boat #3 Cereal Boat #4 Chicken Patty or Chicken Caesar #3 Cereal Boat #3 Cereal Boat #4 Deep Dish Pizza or Chicken Caesar #4 Chicken Patty Salad #4 Deli Bar or Deep Dish Pizza #4 Deli Bar or Chicken Caesar Salad Salad 18 #1 Mozzarella Sticks with Dipping #1 Chicken Tenders, WW Dinner #1 Homemade Pizza, Cheese or #1 Chicken Quesadilla, Rice with Sauce, Steamed Peas, WW Dinner Roll, Baked French Fries, Steamed Pepperoni, Tossed Salad, Assorted #1 Meatball Sub on WW Sub. Potato Black Beans, Seasoned Corn, Roll. Assorted Fruit. #2 PB Jelly or Carrots, Assorted Fruit, #2 PB Jelly Wedges, Celery Sticks, Assorted Fruit. Assorted Fruit. PB Fluff on WW or PB Fluff on WW #2 PB Jelly or PB Fluff on WW Fruit. #2 PB Jelly or PB Fluff on WW #2 PB Jelly or PB Fluff on WW #3 Cereal Boat #4 Chicken Patty #4 Deli Bar or Deep Dish Pizza #4 Deli Bar or Chicken Caesar Salad #4 Chicken Patty or Chicken Caesar Salad #4 Deep Dish Pizza or Chicken Caesar Salad #1 Chicken Strips with WW Waffle. #1 Tangerine Chicken, Brown Rice. #1 Macaroni and Cheese, WV #1 Pizza Dippers with Marinara Maple Syrup, Roasted Sweet Potato, Dinner Roll, Steamed Peas, Steamed Green Beans, Assorted Sauce, Tossed Salad, Assorted Fruit. **MLK Day** Assorted Fruit. Assorted Fruit. #2 PB Jelly or PB Fruit. #2 PB Jelly or PB Fluff on WW #2 PB Jelly or PB Fluff on WW Fluff on WW #2 PB Jelly or PB Fluff on WW #3 Cereal Boat #3 Cereal Boat #3 Cereal Boat #3 Cereal Boat #4 Deli Bar or Chicken Caesar Salad #4 Chicken Patty or Chicken Caesar No School #4 Deli Bar or Deep Dish Pizza #4 Chicken Patty Salad #1 Hot Dog on WW Bun, Potato 30 #1 Hamburger/Cheeseburger, #1 Beef Nachos, Nacho Chees #1 Pop Corn Chicken, Mashed Sauce, Salsa, Sour Cream, Buttered French Fries. Cucumber Coins. Chips, BBQ Beans, Assorted Fruit. Potatoes, WW Dinner Roll, Steamed Carrots, Assorted Fruit. #2 PB Jelly Assorted Fruit. #2 PB Jelly or PB Fluff on WW Corn, Assorted Fruit. or PB Fluff on WW #2 PB Jelly or PB Fluff on WW #2 PB Jelly or PB Fluff on WW #3 Cereal Boat

Milk \$0.60 Main Lunch \$3.00 Deli and Salad Meal \$3.25 Adult Lunch \$3.85 plus tax

#3 Cereal Boat

#4 Chicken Patty

All meals must come with a fruit or vegetable. WW = Whole Wheat, RF = Reduced Fat

#3 Cereal Boat

#4 Deli Bar or Deep Dish Pizza

SCHOOL BUCKS

#3 Cereal Boat

#4 Deli Bar or Chicken Caesar Salad

PAY FOR MEALS ONLINE

(1) MySchoolBucks.com